



# **BDA Suffolk and Ipswich Section in collaboration with University of Suffolk and Suffolk LDC Open Day with CPD and networking**

**Wednesday 11 June 2025**

University of Suffolk Dental CIC  
James Hehir Building, University Avenue, IPSWICH, IP3 0FS

## **Programme**

**17:00** Registration

**17:30** Welcome and introduction

**18:00** Lectures

- A) Dentistry is not a game of Perfect - Paddy McCullagh**
- B) Improve your endodontics: ‘*Shake Up Your Shaping*’ - Dhiraj Arora - Hands on session  
Sponsored by EvoEndo and Coltene (Max 15 per session)**
- C) Veneers Masterclass - Jin Vaghela and Fahad Sheikh - Hands on session  
Sponsored by Smile Dental Academy (Max 15 per session)**

**19:30** Lectures

- A) Dentistry is not a game of Perfect - Paddy McCullagh**
- B) Improve your endodontics: ‘*Shake Up Your Shaping*’ - Dhiraj Arora - Hands on session  
Sponsored by EvoEndo and Coltene (Max 15 per session)**
- C) Veneers Masterclass - Jin Vaghela and Fahad Sheikh - Hands on session  
Sponsored by Smile Dental Academy (Max 15 per session)**

**20:30** End of lectures

**21:00** Close

**Dentistry is not a game of Perfect**  
**Paddy McCullagh**

### **Learning content**

This is a presentation that highlights the complexities of Restorative Dentistry and the modern challenges for dental professionals in realistic treatment planning.

**Aim:**

Clinical cases will be presented to show long and short term failures in restorative dentistry in order to stimulate discussion and debate on what is best practice.

**Learning objectives:**

By the end of this activity, the participant should be able to recognise and embrace the concept of learning from failures to help improve outcomes and achieve longer term success.

**GDC Development outcome: C**

**Paddy McCullagh**

Paddy McCullagh began training as a Consultant in Restorative Dentistry at the Eastman Dental Institute in 1996. He worked in his Private Practice in London's West End for 20 years before moving to Suffolk. He is an Examiner for the Royal College of Surgeons of Edinburgh as well as being External Consultant for the Local Accreditation Panel for Endodontics in London.

**Improve your endodontics: 'Shake Up Your Shaping'**

**Hands on session sponsored by Evo Endo and Coltene (Max 15 per session)**

**Dhiraj Arora****Learning content**

To practice safe, practical and time-saving endodontic mechanical preparation techniques using the Hyflex OGSF file series. Working with 3D printed teeth you will be able to watch skilled demonstrations, ask questions and practise your own skills in a hands-on, practical session. With 'over the shoulder' observations and assistance you will develop your endodontic skills, specifically in creating smoother and more sophisticated root canal shapes

**Aim**

To gain skills and confidence in creating safe and effective root canal shapes.

**Learning objectives**

Understand the challenges we face in shaping and cleaning root canal systems and have knowledge of the solutions available to us. Learn how to master glide path creation and know why glide path creation is an important principle in biomechanical preparation. Understand how to shape canals using the Hyflex OGSF file series.

**GDC Development outcome: C**

**Dhiraj Arora**

Dhiraj Arora is a highly focused endodontist with two dental practices limited to endodontics - in Twickenham and Gerards Cross. He is also an Honorary Lecturer in Endodontics for the QMUL Masters' programmes. He is a Dental Foundation Training Educational Supervisor for Health Education England and mentors newly qualified dentists at the London Deanery. His love of teaching led him to gain a Postgraduate Certificate in Dental Education from Oxford Brookes University. Dhiraj runs endodontic courses through his training business, evo endo. His background spans NHS and private settings, from Harley Street to community HealthCare in London's Soho. He has a relaxed and accessible style that appeals to ambitious early career dentists.

**Veneers Masterclass**

**Hands on session sponsored by Smile Dental Academy (Max 15 per session)**

**Jin Vaghela and Fahad Sheikh****Learning content**

An overview of porcelain veneer treatment, covering case selection, preparation design, clinical workflow, material choice, and cementation for predictable, aesthetic results

**Aim**

To provide delegates with the knowledge and confidence to plan and deliver predictable porcelain veneer treatments in clinical practice

**Learning objectives**

By the end of this session, participants should be able to assess suitability for veneers, understand preparation principles, and implement a step-by-step workflow for successful outcomes.

**GDC Development outcome: C**

**Jin Vaghela and Fahad Sheikh**

Jin and Fahad are experienced aesthetic dentists with a passion for minimally invasive cosmetic dentistry. Together, they have delivered training across the UK on porcelain veneers, smile design, and adhesive techniques. Jin is the founder of Smile Dental Academy and Clinical Director of Smile Clinic Group, while Fahad is known for his precision and natural aesthetic results. Both clinicians are committed to education and mentoring, combining digital workflows with practical, evidence-based strategies. Their collaborative teaching approach empowers dentists to deliver predictable, ethical, and high-quality aesthetic outcomes for their patients.