

# **Northern Ireland Branch**

# The Isdell Courtyard, Riddel Hall, Queens University Belfast, 185 Stranmillis Road, Belfast BT9 5EE Tuesday 21 October 2025

# PROGRAMME

Title: Taking the pain out of general practice

Speaker: Dermot Canavan

# Aim

This lecture will help dentists to identify and manage chronic oral and facial pain conditions in general practice.

### Learning objectives

- Differentiate between acute and chronic orofacial pain disorders
- Diagnose the most common orofacial pain disorders
- Understand the basic neurobiology underlying these pain conditions
- Advise patients on the progression of their disorder over time
- Provide procedures to treat some of the more common pain disorders.

### Learning content

This lecture will discuss some of the most common orofacial disorders seen in dental practice and explain their underlying biology. A series of clinical cases will highlight how patients should best be managed and what should be avoided. The lecture will conclude with a glimpse into the future of orofacial pain management based on current research developments.

# Development outcomes: B, C, D

CPD hours: 1 hour

Title: Botulinum toxin for the general dental practitioner - An overview of cosmetic uses and clinical applications in dental practice

#### Speaker: Mairead Browne

#### Aim

A deep dive into the world of Botulinum toxin treatments and how they may be applied to your daily practice as a general dentist.

#### Learning objectives

- Understand indications and contraindications
- Learn the different injection patterns for the male and female face
- Review the current and new toxins on the market
- Understand Botulinum toxin uses in dental practice
- Management of adverse effects.

#### Learning content

The presentation provides an overview of current toxins, review recommended injection techniques for the upper and lower face, and explore Botox use for the management of grinding, masseter hypertrophy, T.M.J and gummy smile.

#### Development outcomes: C

CPD hours: 1 hour

#### Joint Q&A session

CPD hours: 15 minutes