

# **Essex Branch and Essex LDC Study day - Core CPD topics**

**Wednesday 4 June 2025**

Writtle College, Lordship Road, Writtle, Chelmsford CM1 3RR

## **Programme**

08:30 Registration

09:00 **Management of oral cancer – Malcolm Cameron**

10:30 Refreshment break

11:00 **Safeguarding update for the whole dental team - Ines Paris**

13:00 Lunch

14:00 **Medical emergencies in the dental practice – Nick Barker**

15:00 **Infection control - Jason Stokes**

16:00 **Communication - the good, the bad or have we misunderstood each other? -  
Bryan Harvey**

17:00 End

## **Management of oral cancer Malcolm Cameron**

### **Learning content**

- Appreciate the risk factors for developing oral cancer
- Understand who can get mouth cancer
- Learn how to spot suspicious lesions prompting referral
- Understand guidance as to what should be referred.

### **Aim**

Understand the process of managing patients with mouth cancer from diagnosis through to follow up.

### **Learning objectives**

- Review presentation of mouth cancers
- Revise the diagnostic process
- Look at how management decisions are made
- Appreciate the treatments involved
- Reflect on how such a diagnosis influences care of patients in dental practice.

**GDC Development outcomes: C, D**

### **Malcolm Cameron**

**Oral Cancer Consultant Head and Neck Oral and Facial Surgeon, Cambridge University Hospitals NHS Trust**

Malcolm is a consultant surgeon in the specialty of Oral and Maxillofacial Surgery. He is doubly qualified in both Medicine and Dentistry and hold higher fellowships with The Royal College of Surgeons of England. His NHS practice is based at Cambridge University Hospital NHS Trust, Addenbrooke's Hospital where he has been a consultant since 2006. Malcolm has special interests in Head and Neck Oncology and adult and paediatric facial trauma (injuries). Malcolm undertakes general Oral and Maxillofacial Surgery.

Malcolm is a Fellow of the Royal College of Surgeons of England, The British Association of Oral and Maxillofacial Surgeons and The British Association of Head and Neck Oncologists.

Malcolm is a trainer in Oral and Maxillofacial Surgery and has also run courses in Facial Trauma, Mouth Cancer and Local Anaesthesia for Dentistry. He has lectured regionally, nationally and internationally.

## **Safeguarding update for the whole dental team**

### **Ines Paris**

#### **Learning content**

This session will explore safeguarding responsibilities in dental and primary care, including recognising abuse across all ages, using Essex pathways to escalate concerns, understanding professional duties, and working with partners to protect patients and support safer practice.

#### **Aim**

To strengthen understanding of all-age safeguarding responsibilities within the Essex health and care system. The training aims to equip participants with the knowledge and confidence to recognise and respond to safeguarding concerns, understand local pathways and escalation processes, and work effectively with partners across the Essex system in line with statutory duties.

#### **Learning objective**

To recognise safeguarding concerns, understand local Essex pathways, and take appropriate action in line with statutory duties and multi-agency processes.

**GDC Development outcomes: A, B, D**

### **Ines Paris**

**Designated Lead Safeguarding Nurse and Named Professional for General Practice (Mid and South Essex Integrated Care Board)**

With over a decade of experience in safeguarding across health and community services, Ines is one of the Designated Lead Nurses for Safeguarding and Named Professional for Safeguarding Children in General Practice at Mid and South Essex ICB. She leads strategic safeguarding initiatives across GP practices and provider collaboratives, with expertise spanning safeguarding training, audits, and multiagency partnership working. Her career includes senior safeguarding roles in CCGs, NHS Trusts, and community services. She is currently undertaking an MSc in Healthcare Leadership at the University of Hull.

## Medical emergencies in the dental practice

Nick Barker

### Learning content

- Correctly recognise a medical emergency situation
- Prioritise treatments of casualties
- Carry out the above emergency measures as required by the situation.

### Aim

Understand the need to use the ABCDE approach to identify acutely sick patients.

### Learning objectives

- Consider teamwork and emergency planning
- Recognise situations in which cardio-pulmonary resuscitation is required
- Describe how to perform CPR to the latest Resuscitation Council (UK) standards
- Describe the importance of debriefing after emergencies
- Explain the need for and the importance of history taking, to determine those patients who are at risk, and when to take measure to reduce that risk
- Explain the need for updating medical and drug histories
- List the contents of the emergency drug box and minimal levels of equipment required.

**GDC Development outcomes:** A, B, C, D

### Nick Barker

**Deputy Chief Dental Officer – England, Professor of Oral Health Sciences and Programme Lead in MSc in Periodontology, University of Essex**

Nick qualified BDS from the Royal London Hospital in 1990 and has since gone on to gain additional qualifications with distinction in the MSc in Restorative Dental Practice in 2009 at UCL Eastman, Fellowship of the College of General Dentistry and Fellowship of the Faculty of Dental Surgery at Royal College of Surgeons England, Membership of the Faculty of Dental Trainers at Royal College of Surgeons Edinburgh and a Postgraduate Certificate in Medical Education from University of Essex. He is employed as the Deputy Chief Dental Officer for England, Joint Regional Chief Dental Officer for East of England and as Professor of Oral Health Sciences at the University of Essex and programme lead in the MSc for Periodontology and Advanced Periodontal Practice.

## Infection control

Jason Stokes

### Learning content

- Describe the latest recommendations for dental cross infection control
- Identify the infectious diseases we most commonly encounter in dental practice and the risks they pose
- Demonstrate the successful application of HTM 01-05 in our everyday professional activities.

### Aims

This session will explore current dental cross infection control issues – from the perspective of the whole team. The session will explore the dangers we all face and the guidance we should follow to reduce the risk and ensure our continuing professional compliance. This session aims to keep you safe from harm and the CQC.

### **Learning objectives**

- Identify the cross-infection hazards in General Dental Practice
- Describe the individuals at risk and techniques to reduce the risk to these individuals
- Demonstrate the use of HTM 01-05 in their practice.

**GDC Development outcome: C**

### **Jason Stokes**

Jason Stokes is a GDP and NHS Provider and Performer. He is also the Associate Postgraduate Dean for Early Years in the East of England. Jason is an elected representative on the BDA Board. Jason is also the Secretary of Norfolk LDC and Chair of the BDA Norfolk and Norwich Section.

## **Communication - the good, the bad or have we misunderstood each other?**

### **Bryan Harvey**

### **Learning content**

Looking at areas where failures in communication by any members of the team can lead to concerns being raised and how to prevent them.

### **Aims**

To look at situations which present themselves in general dental practice where failures or misunderstandings in communication arise leading to patient complaints or claims. To strategies for prevention and how to address incidents which occur.

### **Learning objectives**

- Identify risk area
- Understand how team working can reduce errors occurring
- Strategies for implementing good protocols
- Responding to concerns
- Learning from misunderstandings or failure in communication.

**GDC Development outcomes: A, B, D**

### **Bryan Harvey**

### **Senior Dento-Legal Adviser at the DDU and Chair of Essex LDC**

Bryan is a Senior Dento-Legal Adviser at the DDU. He has been qualified for 55 years. Before 1 January 2016 he was Deputy Head of the DDU and has been a dento-legal adviser for 30 years. Prior to this he was in general practice for 25 years, was a vocational trainer and an associate specialist in oral surgery.

Currently he is chairman of Essex LDC, on the LDN and MCNs for Oral Surgery and Restorative. He keeps wet gloved working alternate Saturday mornings in practice. Bryan regularly lectures on dento-legal and ethical issues.