

Reducing stress and increasing well-being through being resilient

Tuesday 16 December 2025

Future Inn Plymouth, 1 William Prance Road, Plymouth PL6 5ZD

Return by email to: branchsectionevents@bda.org

Please complete for each attendee

Title:	First name:	Surname:
BDA membership number (if applicable):		GDC number (if applicable):
Job title:		Practice / Organisation (if work address provided):
Address:		
Postcode:		Tel:
Email:		
Any special requirements including disabled facilities etc:		

I would like to register for Tuesday 16 December 2025 (our ref: BS1279):

☐ BDA member early-bird: £10 (valid for bookings received on or before 30 November 2025)

☐ BDA member: £20 (valid for bookings received on or after 1 December 2025)

☐ Non-members: £30

☐ Dental Care Professional / FD/VDP: £15

☐ Student member/non-member: £15

For multiple delegates please use an additional form for each person.

We require a unique email address for every person booked so that we can send confirmations and CPD certificates directly to each attendee.

Stay in touch

The BDA will hold your personal data on its computer database and process it in accordance with the Data Protection Act. Further details at: bda.org/legal/privacy-policy

IMPORTANT: To keep in contact after the event, please let us know what you wish to receive correspondence about:

(If you currently receive any of the following and want to continue, please also tick "yes")

National and local events

Email: Yes ☐ No ☐ Post: Yes ☐ No ☐

Offers and services

Email: Yes ☐ No ☐ Post: Yes ☐ No ☐

Approved partners and suppliers

Email: Yes ☐ No ☐ Post: Yes ☐ No ☐

I understand that I will be able to opt out from receiving these BDA communications at any time. Email mydetails@bda.org